



OUR FOOD IN PLACE

This Community Food Mapping project was made possible by the Community Development Fund



Yukon Anti-Poverty
COALITION
anti-pauvreté du Yukon

In collaboration with the
Food Network Yukon

What is a Food System?

Household

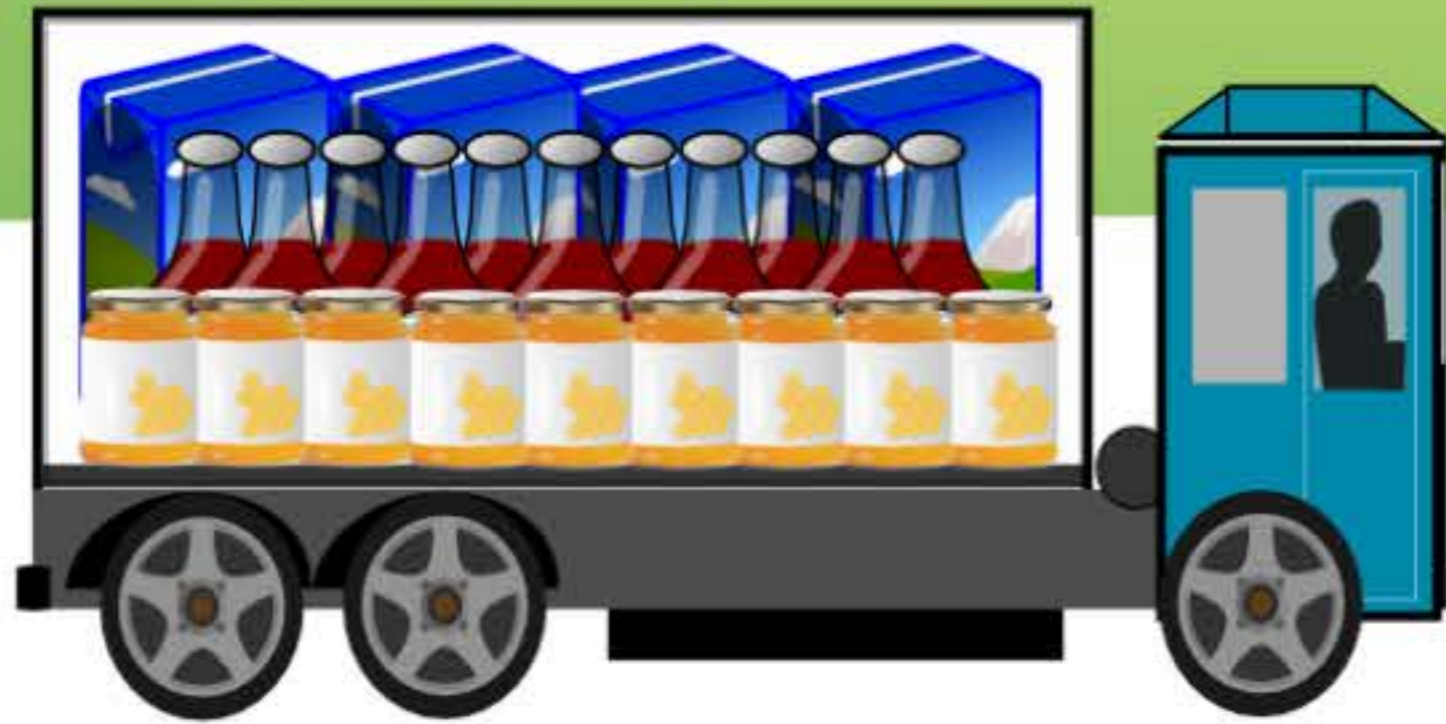
Community

Territorial

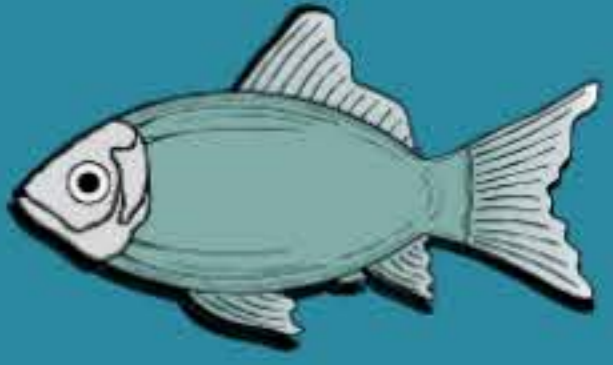
National

Global

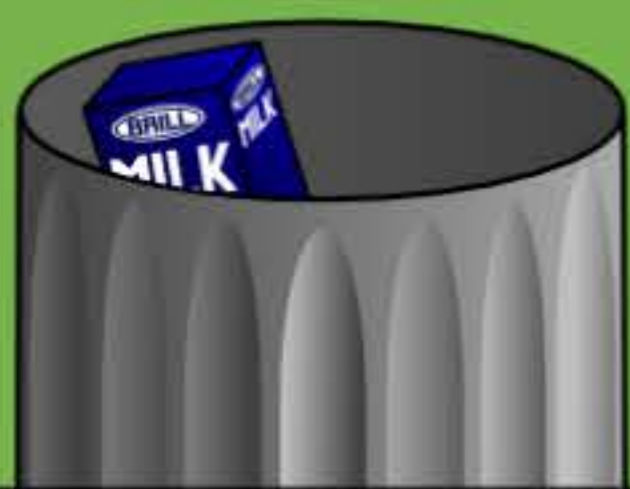
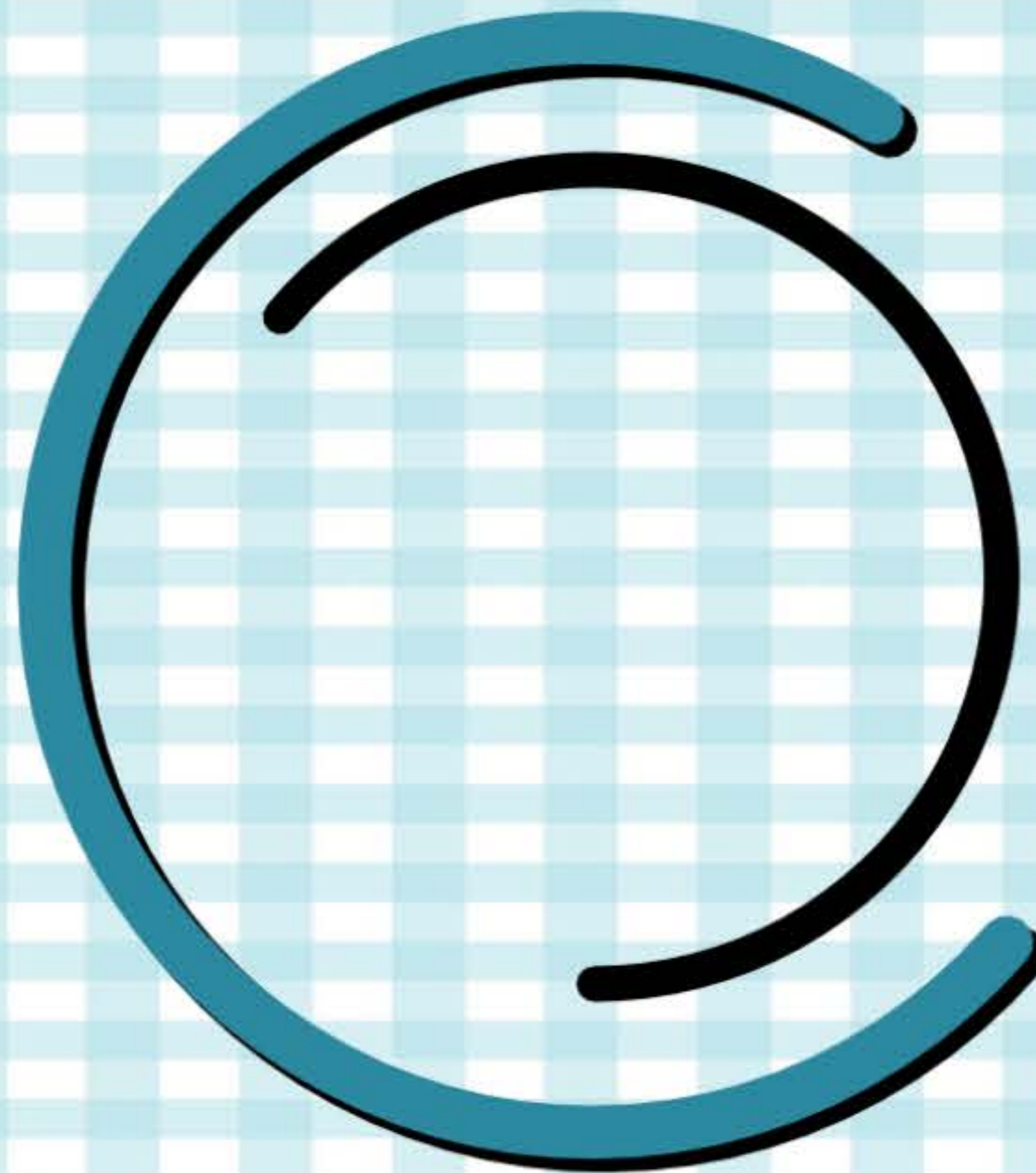
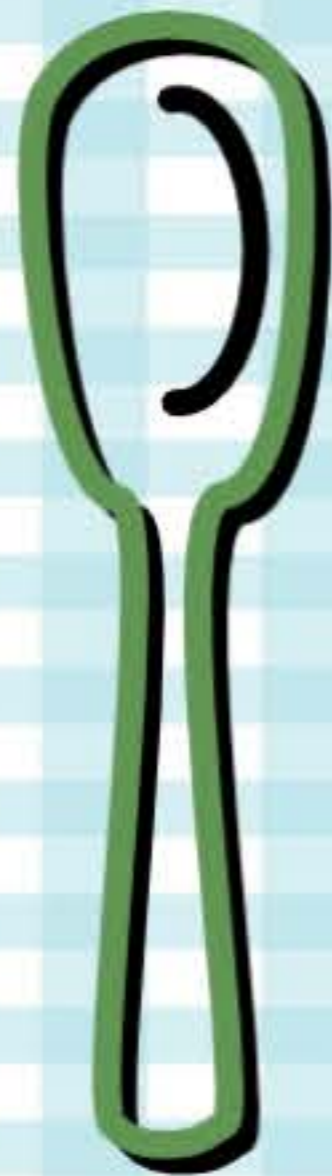
GROWING & HARVESTING



DISTRIBUTING



EATING



FOOD WASTE & RECYCLING

NO STIGMA

FOOD SKILLS

LOW COST

GARDENS & GROWING

STORAGE

CHOICE

TRANSPORT

WHAT WOULD HELP YOU GET GOOD FOOD?

"A place with a fridge and stove to prepare and cook food"

"Affordable places to buy meals"

"It's hard to ask for food"

"I would eat different things if I had the skills to cook them"

"I would like to gain lost knowledge of preserving food"

"More collective kitchens"

"I've been hungrier in Whitehorse than in other places"

"Bi-monthly allowance to help budgeting"

"Financial support to afford to buy good food"

"A place to grow food in the summer"

"Access to soil and help creating better soil"

"Access to seeds and seedlings"

"Help to buy staples in larger quantities"

"Better quality vegetables that last longer after you buy them"

"I need a place to store food"

"We need more variety in meals from emergency food centres"

"Better access to dental care would give me more food choices"

"Access to donations of wild meat & fish"

"Rides to grocery stores & car sharing"

"If I had childcare I could get to the good food we need"

"Increased bike paths & bike sharing"

"Grocery store within walking distance"

Taste

Dignity

Access

Choice

Nutrition

Our Common Ground



YUKON FARMS
45 farms within 50 km of Whitehorse are supplying fresh, local food. How can we make this food accessible for everyone?

COMMUNAL MEALS
Brings people together who are isolated & can be especially empowering when everyone is involved in meal preparation.

RETAIL FOOD
Food vouchers & higher social assistance rates would help balance a heavy reliance on cash and credit purchases.

COMMUNITY MARKET
A summer staple that builds community but is unaffordable for many residents.

GARDENING
You'll find upwards of 15 vibrant community gardens & countless backyard gardens across the Yukon.

SURVIVAL FOOD
Panhandling, dumpster diving & stealing happens when other food resources fail for the most marginalized members of our community.

EMERGENCY FOOD
This food was described as high in sugar & carbohydrates, low in protein, but having this option is highly valued and essential.

COMMUNITY & SHARING
Sharing with friends & family was described as the most vital component of how Yukoners access food.

WILD HARVEST
Hunting, fishing & gathering is integral to urban & rural communities and especially to Yukon First Nation communities & culture.

Is your food healthy?
Is it sustainable?
Is it safe?

Can you access food?
Can you afford it?

Is your food culturally acceptable? Do you feel good about your food?

Is there enough food?
For everyone?
At all times?



OUR FOOD IN PLACE

Whitehorse

RECOMMENDATIONS FOR CHANGE

What resources, policies or procedures are needed to help you make a change?



Join Food Network Yukon through YAPC!

- ★ Invest in initiatives that place people's choice and dignity first.
- ★ Advocate for living wages and community resources that enable everyone to afford good food.
- ★ Share your gardening and cooking skills with neighbours and friends.
- ★ Participate in your local food system by gardening, buying seasonal and local food, supporting sustainable wild harvest, and eliminating food waste.

Check out the **Surviving in Yukon** guide at www.yapc.ca

Our Food in Place explored the strengths and challenges of accessing good food in Whitehorse and surrounding communities in the summer of 2015. This resource is a snapshot of what we learned.

YAPC interacted with over **350** community members through **12** participatory workshops. Feedback was gathered from the general public with a special focus on highlighting the thoughts & experiences of those who are marginalized, low-income & vulnerable to food insecurity in Whitehorse. An online survey also captured **62** responses from across Yukon.

graphic design by
dotneuls@gmail.com

For more information about this project and how to be involved, email yukonantipovertycoalition@gmail.com, visit www.yapc.ca or call **867-334-9317**.